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Continue the Carnival Celebration with Carnival-Inspired Spa Treatments at Hyatt Regency Trinidad

Revelers wait all year for Carnival, but Spa Esencia offers these treatments year round

Port of Spain, Trinidad – August 9, 2016 – For the past few weeks, the Trinidad mas bands have been unveiling their themes and costumes for Carnival 2017. Mas (short for masquerade) bands consist of hundreds to thousands of people ‘jumping up’ in the streets of Port of Spain in their respective themed costumes. Taking place on February 27 & 28, 2017, Carnival is the most anticipated event on Trinidad & Tobago’s festival calendar. [Hyatt Regency Trinidad](#) is a premier hotel for party-goers during the Carnival season, with its convenient location in Port of Spain. Although Carnival officially takes place over two days, guests at Hyatt Regency Trinidad’s chic [Spa Esencia](#) can indulge in Carnival-inspired spa treatments throughout the year.

In Trinidad, band launches have become a staple event on Trinidad’s cultural calendar, signaling the start of Carnival “prep” season. In honor of the band theme launches, the hotel is featuring its Carnival-inspired spa treatments.

Mud Mas Body Wrap

The Mineralizing Mud Mas Body Wrap is inspired by the traditional Carnival masquerade “Mud Mas” in which revelers cover themselves in mud and dance in the streets until dawn. In the midst of festivities, the mud is seen as a unifying substance and energizing, driving force. In the spa environment, that mud soothes and detoxifies. Created from a blend of natural seaweeds, vegetal coral and alpha hydroxyl, this powerful active marine wrap produces an intense aroma and jumpstarts the metabolism as it promotes cleansing and detoxification of the body for a feeling of overall well-being. As a highly requested guest favorite, a 50-minute treatment session costs US\$126, inclusive of taxes.

Dimanche Gras Massage

The 110-minute Dimanche Gras massage is named after a major Carnival event, which takes place the Sunday before Carnival, during which the Calypso Monarch is chosen and the King & Queen of the bands are crowned. The costumes worn during this competition weigh between 50 – 200 pounds with colorful, elaborate designs. Designers spend months creating these spectacular and stunning costumes that can reach up to 30 feet high. Just as the designers devote time to preparation, the Dimanche Gras massage begins with a thorough consultation to determine the guest’s specific needs to ensure a rejuvenating, personalized treatment. This

extensive treatment combines signature aromatherapy, warm stone, Swedish and deep tissue massage. The best of the best, this is a must for a massage connoisseur. The 110-minute treatment costs US\$279, inclusive of taxes.

For additional information or to make reservations at Spa Esencia, please call +1 868 623-2222.

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About Hyatt Regency Trinidad

Designed as a premier meeting, convention, business, event and leisure travel property, the 428-room Hyatt Regency Trinidad is situated in the Port of Spain International Waterfront Development. The Hyatt's versatile event space showcases a 16,000 square-foot grand ballroom, and a 10,000 square-foot ballroom with translation facilities. Other guest facilities include one full-service restaurant; a lobby bar and lounge; a fitness center, and the 9,000 square-foot Spa Esencia. For more information and reservations, please visit trinidad.hyatt.com or call 1-800-233-1234. High-resolution images may be downloaded from newsroom.hyatt.com.

About Hyatt Regency

Hyatt Regency encompasses the full spectrum of hotel types, which are conveniently located in urban, suburban, airport, convention and resort destinations around the world. Properties range in size from 200 to more than 2,000 rooms, feature intimate and large meeting spaces, and offer a full range of services and dining options tailored to serve the needs of conventions, business travelers or resort vacationers. Hyatt Regency enables all guests – whether they are traveling to work, unwind or gather in celebration – to feel productive and revitalized. For more information and reservations, visit www.hyatt.com.